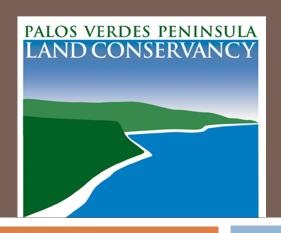
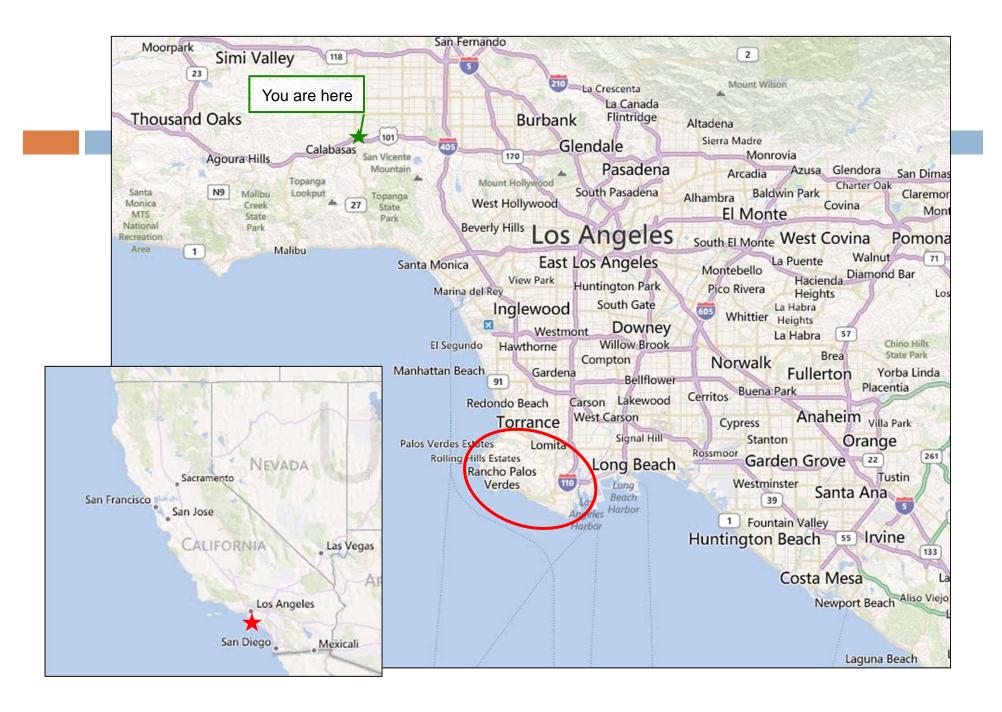
# BUILDING A VOLUNTEER TRAIL MAINTENANCE PROGRAM

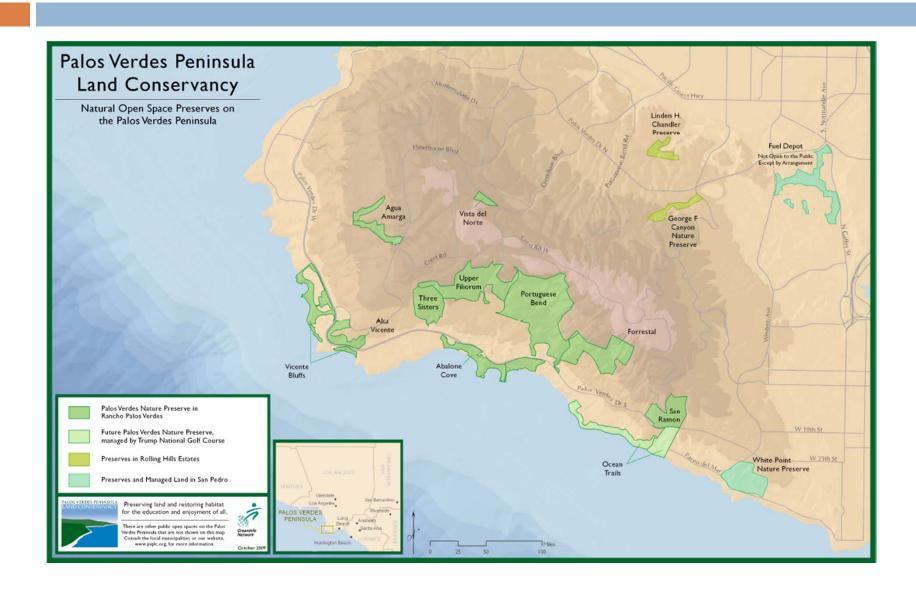


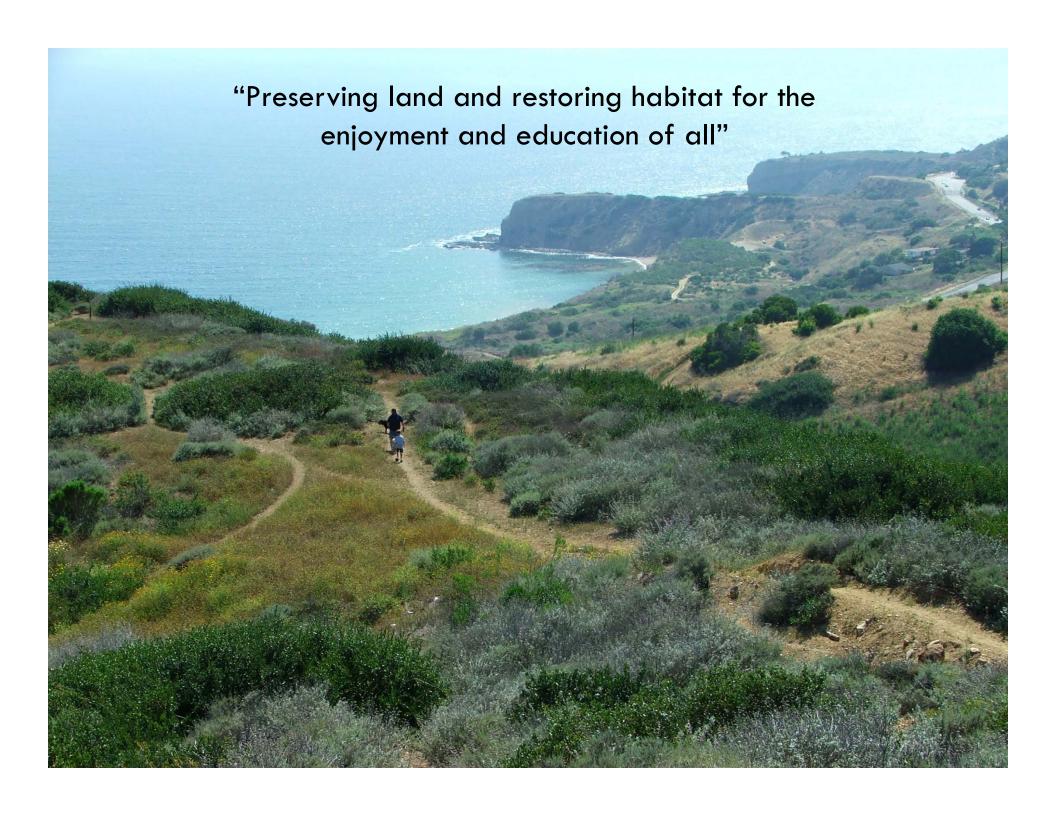
ADRIENNE BOSLER

PALOS VERDES PENINSULA LAND CONSERVANCY



# Preserving Public Lands





# Palos Verdes Peninsula Ecology













## Accessing the Open Space

 Preserve access must be balanced to reduce impacts on the delicate ecosystem and to preserve cultural and natural resources.



## Philosophy

- A trail must maintain a balance between resource protection, positive experience and maintenance value
- It can be an effective tool to influence trail user behavior and support resource protection while providing a positive experience
- Unfortunately this is ideal, but not the norm



### Trail Crew Program Description

- Without trail maintenance funding built into management agreement,
   volunteers are needed to maintain the 42-mile trail system
- Volunteer Trail Crew objectives
  - Develop group of trained volunteers capable of effective maintenance in priority areas
  - Baseline program to grow into additional volunteer opportunities
    - Adopt-a-trail projects
    - Volunteer leadership
    - Mechanized trail clearing
- Program is combination classroom and field work to build skills
  - Indoor class introduces program overview and common knowledge base
  - Field work emphasizes "how and why"
  - Students must demonstrate working knowledge of skills to pass

### Roles and Responsibilities

- Program is responsibility of PVPLC
  - PVPLC
    - Volunteer recruitment
    - Captures all volunteer data
    - Scheduling and volunteer coordination
    - Facilitates trail workdays with tools, water and supplies
    - Seeks grant funding
    - Provides liability coverage
  - Kurt Loheit 2010 American Trails Org Lifetime
     Achievement Award recipient
    - Teaches all classroom and field skill exercises
    - Identifies field projects
    - Provides input to schedule and grants

## Skill Development

- 50 hours of combined classroom and field training time
- Graduation requires demonstrated capabilities in key areas
  - Safety
  - Terminology
  - Assessments
  - Tool use
  - Basic tread maintenance
  - Water diversion techniques
  - Brushing and pruning
  - Basic survey
  - Trail closure



#### Classroom Introduction



Introductory indoor class utilizes a combination of resources



#### Field Exercise

- Field exercises develop core maintenance skills
  - Tread Repair and Stabilization
  - Brushing/Pruning
  - Water control
  - Rock
  - Tool use
  - Survey
  - Closure
- Each starts with a description of the work to be performed
- Each ends with a discussion on what were the results and where things can be improved
- Concentration is on skills, not amount of completed work

# Tread Repair

#### Slough/Trail Creep





Before After

# Tread Repair - Before and After



#### Water Control

- Water is recognized as the most common source of erosion
- Multiple sessions include:
  - Identifying source of water
  - Strategize where water should go
  - How to divert the water:
    - Outslope
    - Water bars
    - Grade dips
    - Culverts
- Requires multiple field sessions



Discussion on grade dip construction

# Water Control and Tread Repair



# Water Control and Tread Repair



# Brushing/Pruning

- Brushing and pruning demonstrate natural dynamics
  - "Vegetation grows"
- □ Diversity of skills
  - Minimize impact to the vegetation
  - Safety considerations for public
  - Avoiding manicured look
  - Clearing Limits
  - Disposition of material
  - Proper tool use

Relentless lemonade berry shrubs



# Rock Work







## Survey

- Intended for basic survey
  - Why grade is important
  - How to measure grade
  - Clinometer and Abney level



#### Trail Closure Methods



#### Results

- Stats from 2008 to date:
  - 85 volunteers have attended classroom; 23 currently active
  - Of that, 8 have graduated and 2 very close
  - 45 classes
  - Over 1780 hours of total participation
- Positive feedback has generated a growing degree of interest
- Wide diversity of participants
- Recruitment by word of mouth





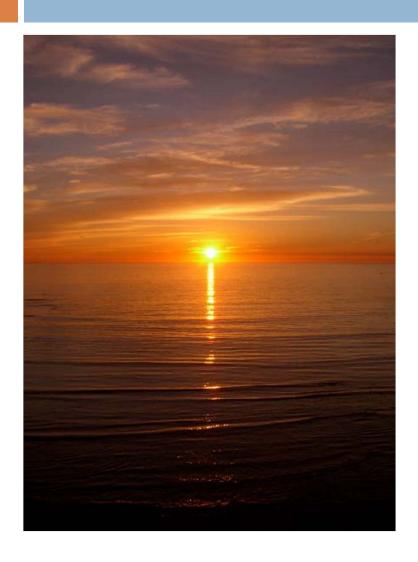




### Mechanized Trail Clearing

- Trail Crew volunteers solicited to build upon trail skills and train to operate "weed whackers"
- Orientation field day teaches how to operate machinery, safety, trail clearing standards and plant ID
- Weekly trail clearing on weekday mornings alongside Stewardship Technicians

#### **Future Goals**



- Skill building = greater
   satisfaction and increased
   participation
- PVPLC is continually developing the Trail Crew program to facilitate more trail projects to meet increasing usage.
- Emphasis on Leadership

ADRIENNE BOSLER
STEWARDSHIP ASSOCIATE
ABOSLER@PVPLC.ORG
(310) 541-7613 X213

US AT WWW.PVPLC.ORG
VIEW TRAIL CREW PHOTOS ON FACEBOOK
WWW.FACEBOOK.COM/PVPLANDCONSERVANCY